

News @ the 'bank'

AQUASTARS NEWSLETTER

October/November 2009 DATE: Term Four 2009

HANDY HINTS:

How to enter a swim Competition:

Log onto the swimming Victoria website.

www.swimmingvictoria.org.au

Go to "events" link

Click on the "event Calendar"

Select the competition you want to enter.

Double click over the competition. Entry details will be attached.

Complete the entry form and send the entry fee to the swim meet manager.

Enter these Comps now!

- ◆ *Melbourne Vicentre Classic -31/10/09*
- ◆ *Haileybury Waterlions Novice meet-7/11/09*
- ◆ *Victorian LC Distance meet- 7/11/09*
- ◆ *Nunawading LC meet- 21/11/09*
- ◆ *December Competitions- 28-29/11/09 and 5-6/11/09*

FAS XMAS PARTY!

"BEACH PARTY"

SUNDAY 22nd. NOV 5-8pm

Meet at beach and gardens at Small Street, Hampton.

BBQ and Picnic Dinner-BYO food and drinks

Santa and prizes!

IMPORTANT CONTACTS.

Firbank Swim School (Denise) ph: 95538644

Head Coach: Mr Gus Barnes (abarnes@firbank.vic.edu.au)

www.firbankaquastars.com.au

www.swimmingvictoria.org.au

Aggregate Winners Term Three, 2009

Junior Aggregate Results

Autumn 2009 (Term 3)

1st Place: Jaime Phyland

2nd Place: James Klein

3rd Place: Anna Preston

Senior Aggregate Results

1st Place: Claire Eastwood

2nd Place: Phoebe Lawless-Payne

3rd place.: Breanne Phyland

Congratulations to all winners.

Aggregate Dates Term Four

\$4.00 for Non-Members

Free of Charge for Members

Suitable for all ages 6 years +

Starts at 7pm Sharp.

1. Friday October 23rd.
2. Friday November 6th.
3. Friday November 13th.
4. Friday November 20th.

Check the noticeboard and website for more details!



AQUASTARS SHINE AT SHORT COURSE CHAMPS

The weekend of 5th and 6th September saw the FAS swim team tear up the pool in what was an extremely successful Victorian Short Course Championships.

In all the team won 10 gold, 6 silver and 10 bronze medals ,placing the club 6th overall- a considerable achievement.

Medalists included Emily Selig, Emma Niere, Cody Smith, Adam Nettlefold, James Nettlefold, Louise Mitchell, Sarah Mitchell, and Sam Fynmore.

Congratulations to all swimmers who produced huge PB's.

NEW SWIMMING MEMBERS:

Welcome to our new FAS members

Liam Chai, Bridgette Eastwood, Anna McEvoy, Isabelle Robinson, Tom Post, Joshua Kaye.